

Parenting Classes

(For parents of children ages 3-12)

Presented by Pam Dyson, MA, PLPC



June 8 - *Understanding Your Child's Temperament*

Every child is born with a unique temperament style that affects how they react and respond to their world. Parents who understand their child's temperament have an easier time dealing with challenging behaviors. This class will help parents gain an understanding of different temperament styles and learn ways to adjust their parenting to their child's temperament.

June 15 - *Managing Challenging Behaviors*

Parents are expressing growing concerns about challenging behaviors. Children often exhibit challenging behaviors when they don't have the skills needed to display more appropriate behaviors. This class will help parents understand why challenging behaviors occur and offer strategies to better manage those behaviors.

June 22 - *Helping Siblings Get Along*

Bickering, fighting, and arguing among siblings is frustrating for parents. There are many reasons why sibling rivalry occurs but generally brothers and sisters fight to get their parent's attention. This class shares some ideas to help you reduce your frustration and lessen the fighting.

June 29 - *Helping Children Understand Divorce*

Divorce is a difficult adjustment for children and parents. Each family member deals with a variety of emotions. Despite their own challenges with the divorce process, parents need to understand how divorce affects their children. This class will explain children's understanding of divorce from various developmental stages. It will also offer suggestions on how to help children work through the effects of divorce.

About Pam Dyson:

With a bachelor's degree in family and child development and a master's degree in professional counseling, Pam Dyson can help you learn how to respond to your children in more effective ways. She can help you resolve problematic behaviors by suggesting tips and strategies that you can implement immediately. As a parent and former teacher, Pam serves as a consultant to parents and teachers and facilitates workshops throughout the Midwest.

***Pam Dyson, MA, PLPC
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***Counseling, Consulting, Workshops
Equipping Children, Families & Professionals***

Registration Form

(Space is limited. Preregistration is required)

Name _____

Email _____

Phone _____

Please check the class(es) you wish to attend:

___ **June 8** - Understanding Your Child's Temperament

___ **June 15** - Managing Challenging Behaviors

___ **June 22** - Helping Siblings Get Along

___ **June 29** - Helping Children Understand Divorce

Time: Classes begin at 7pm and run ninety minutes

Location: 15332 Manchester Road, Suite 209, Ellisville, MO 63011

Fees: \$10.00 per person per class (includes handouts and light refreshments)

Payment by check only. Make checks payable to Pam Dyson

Mail Payment and this form to:

Pam Dyson
15332 Manchester Road, Suite 209,
Ellisville, MO 63011

Amount Enclosed \$ _____

For more information: Pam Dyson 314-681-8272 or pam@pamdysn.com