

Parenting Classes

(For parents of children ages 3-12)

Presented by Pam Dyson, MA, LPC



Understanding Your Child's Temperament

Every child is born with a unique temperament style that affects how they react and respond to their world. Parents who understand their child's temperament have an easier time dealing with challenging behaviors. This class will help parents gain an understanding of different temperament styles and learn ways to adjust their parenting to their child's temperament.

Managing Challenging Behaviors

Parents are expressing growing concerns about challenging behaviors. Children often exhibit challenging behaviors when they don't have the skills needed to display more appropriate behaviors. This class will help parents understand why challenging behaviors occur and offer strategies to better manage those behaviors.

Helping Siblings Get Along

Bickering, fighting, and arguing among siblings is frustrating for parents. There are many reasons why sibling rivalry occurs but generally brothers and sisters fight to get their parent's attention. This class shares some ideas to help you reduce your frustration and lessen the fighting.

Helping Children Understand Divorce

Divorce is a difficult adjustment for children and parents. Each family member deals with a variety of emotions. Despite their own challenges with the divorce process, parents need to understand how divorce affects their children. This class will explain children's understanding of divorce from various developmental stages. It will also offer suggestions on how to help children work through the effects of divorce.

About Pam Dyson:

As a child development expert, parenting coach and professional counselor specializing in play therapy, Pam can teach you how to respond to your children in more effective ways. She can help you resolve problematic behaviors by suggesting tips and strategies that you can implement immediately. As a parent and former teacher, Pam serves as a consultant to parents, teachers and mental health professionals and facilitates workshops throughout the Midwest.