

## **What to tell your child prior to their first play therapy session**

Since things aren't going so well for you at home (or at school) we thought you would like to have some special play times with a play therapist named Pam. She has a playroom with a lot of toys that you can play with in a lot of different ways.

Pam will not make you do anything that you don't want to do and you will be able to choose when you want to say something.

Your play times with Pam will usually happen at the same time each week. Sometimes Pam will need to talk to your parents about how you are doing.